



# BODY PEEL

*Glycolic Acid Gel 70%*  
*For Physician's Use Only*

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## INDICATIONS

Dry, hypotonic or sagging skin, recent or old stretch marks. Age or seborrhoyc keratosis and ichthyosis.

## HOME PRE-TREATMENT

It is advisable to use home treatment products containing glycolic acid for at least 10 to 15 days before the peeling. This will generate a preliminary skin exfoliation, will normalize the skin's pH at physiological values (4-5) and will enable an evaluation of the skin's tolerance to glycolic acid.

## PRECAUTIONS

Inform the patient not to use depilatory waxes, electrodepilation and other abrasive or irritating substances 2 or 3 days before the peeling. Special care should be taken in cases of Herpes Simplex Labialis, where it is recommended to home treat the area with Acyclovir cream.

Inform the patient to avoid scratching, pull or submitting the skin, or in any way irritate the area being treated

**Warning: Sunburn Alert:** This product contains an alpha hydroxy acid (AHA) that may increases your skin's sunburn. Use a sunscreen and limit sun exposure while using this product and for a week afterwards.

## PRE-PEELING PHASE

Protect the hands with rubber gloves, apply **STRETCH MARKS®** Pre-Peeling Solution (salicylic acid, lactic acid and glycolic acid). The purpose is to enable the penetration of the glycolic acid in the next phase. Apply the solution with delicate movements in the stretch-marks or in the interested areas, do not rinse, let it dry.

## CAUTION

Avoid using the **STRETCH MARKS®** Pre-Peeling Solution in particularly sensitive areas or on broken skin. Do not use this phase of treatment on patients allergic to Aspirin or Salicylic Acid. Use with care over large surfaces due to the presence of salicylic acid.

## PEELING PHASE

Apply **BODY PEEL®** Glycolic Acid Gel 70% which is a chemical agent capable of stimulating the fibroblast to produce new collagen in the dermis. It is a dense gel and, therefore it is easy to apply. Use a rubber glove to apply, with a short strokes to obtain uniform penetration. The purpose is to obtain a pink uniform erythema, normally this occurs between 8-25minutes.

## NEUTRALIZING PHASE

The acid's activity is stopped by rinsing thoroughly with abundant fresh water. Neutralizer is also useful at any time during the peeling phase whenever a premature penetration of the acid occurs in a specific area.

## POST-PEELING PHASE

**NUTRI CREAM®** is indicated to heal and nourish stimulated or irritated skin after a peeling. Apply 2 or 3 times a day for 3 or 4 days. **NUTRI CREAM®** can be used for every further dry skin symptoms. The use of home care treatment products should start again after 3 to 5 days. The use of **BODY LOTION®** with glycolic acid 30% can be recommended under medical supervision.

## PEELING SEQUENCE

It is advisable to repeat the peeling every 12 to 15 days.